

HEALTH IN URBAN LIFE...

Today, **4.4 billion people** live in cities according to the World Bank, representing **56% of the world's population**.

In 2050, **almost 7 out of 10 people** will live in urban areas.

This demographic pressure is generating numerous transitions. Cities are in the complex position of having to manage a combination of several types of transitions, some of them contradictory.

The subject of **well-being** and health appears more and more as a **cross-cutting theme** that allows the **various actors in the city's fabric** to work together and to address several underlying issues.

This note aims to explore how cities can address the issue of health for their citizens and within the development of their territories.

It will then focus on the roles of other urban stakeholders and their contributions to the ongoing improvement of public health.

Citizens' health in keys figures

¼ of the global population was affected by a mental health disorder in 2020, as a result of the COVID-19 pandemic.

Source – OMS, 2022

80% of citizens' health depends on social determinants.

Source – APUR, 2018

45% of adults are overweight, and among them, **15% suffer from obesity**, in France.

Source – DREES, 2022

Only 50% of residents in priority neighborhoods report being in good or very good health, in France.

Source – Santé Publique France, 2022

